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LITERARY LIGHTWEIGHT

NEW FILM THE WORDS NEEDS BETTER WRITING, METRO'S REEL GUYS SAY PAGE 9

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News worth sharing.

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TIME FOR A THROWDOWN

Saskatchewan Roughriders quarterback Darian Durant, left, and Winnipeg Blue Bombers quarterback Joey Elliott are ready to battle it out at the Banjo Bowl on Sunday afternoon in Winnipeg. See coverage on page 13. THE CANADIAN PRESS FILE PHOTOS

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Home opener

That's offensive! Rams to tackle Thunderbirds

The Rams' home opener is Friday night against the UBC Thunderbirds at Mosaic Stadium. Signs point to an offensive contest, with UBC's top-ranked rushing offence squaring off against Regina's number-one ranked passing offence. Kick off is at 7 p.m. METRO

Campaign trail

Fougere launches platform in his bid for mayor

Regina city councillor Michael Fougere announced his mayoral election platform Thursday.

"I'll measure and balance the needs of every citizen in every neighbourhood," Fougere said in a prepared speech.

The councillor for Ward 4 announced that, as mayor, he would host an inter-governmental housing summit to "identify solutions to the housing crisis in Regina."

"The whole idea of coming together as a community to talk about how we can deal with a major issue is significant," he said. "We have not done that before."

Fougere also pointed to sustainable growth, value for tax dollars and ensuring credible leadership as other key priorities in his campaign.

CARRIE-MAY SIGGINS/METRO

Aboriginal issues

Funding change mean $1.1M less, FSIN claims

Federal funding changes for Aboriginal Representative Organizations and Tribal Councils could mean budget cuts for the Federation of Saskatchewan Indian Nations (FSIN).

According to Morley Watson, interim chief of the FSIN, the changes will reduce the annual budget from $1.6 million to roughly $500,000 by the 2014-15 fiscal year.

Under the new funding formula, all national and regional AROs that received funding in 2012 and 2013 will have their funding reduced.

Core funding for national AROs will be reduced by 10 per cent, while regional AROs will either have funding reduced by 10 per cent, or have a ceiling of up to $500,000 applied to their core funding.

MORGAN MODJESKI/METRO

Intimate and interactive

Songwriters' Cafés. Canadian Country Music Awards have arrived and artists are sharing the pains and joys of the creative process

JANE CAULFIELD
jane.caulfield@metronews.ca

The Canadian Country Music Awards kicked off with a focus on the craft of creating a good song at the first of three Songwriters' Cafés at TCU Place on Thursday.

At the intimate workshops — which are also referred to as "a circle" by participants — musicians play their tunes on acoustic guitars, discuss how they came up with their song and their own creative process. The affair gives artists a chance to talk amongst each other on stage, while periodically strumming their tunes.

Hosting the first café was local musician Jay Semko, who says the songwriter cafés are a chance to hear some of your favourite tunes in a scaled-back way.

"They really are about the art and science of song writing," says Semko. "You get to hear more about the song."

Semko says a lot of this week's excitement is related to the country music scene widening its boundaries regarding what is considered to be country music.

"The country music community has really been growing. They've realized that there are a lot of different tentacles out there," he said. "They've blurred that line of what is country."

Semko can be seen — and heard — at the end of the month in Regina, where his former band of '80s and '90s fame, The Northern Pikes, will be inducted into the Western Canadian Music Hall of Fame at the Western Canadian Music Awards.

Catch the next one

Pull some strings and be part of it

In case you missed last night's Songwriters' Café, you can still catch these acoustic events on Friday at 7 p.m. or Saturday at 2 p.m.

Performers at the cafés will include well-established acts such as Victoria Banks, Kira Isabella and Jake Mathews.

The cafés also introduce fans to up-and-coming artists such as Keith and Renee and Alberta singing sensation Tenille.

Tickets are still available for these events, and can be purchased through ccma.org.

Schedule at ccma.org

With nearly 10 public events at the CCMAs, Saskatoon is going to be boot-scootin' all weekend long.

- **Friday.** CCMA Seminar, Country Cabaret, Open Mic
- **Saturday.** FanFest, All Star Band Awards
- **Sunday.** Green Carpet Great Guitar Pull, Canadian Country Music Awards

Alberta singer/songwriter Tenille performs one of her songs at Thursday's Songwriters' Café at Canadian Country Music Awards. JANE CAULFIELD/METRO

Hate charges stayed because of lengthy delay

A hate charge against a former math instructor was stayed by a Saskatchewan judge Thursday because the case experienced too many delays.

In 2008, Terrence Tremaine was charged with willfully promoting hatred for allegedly posting remarks on the Internet about Jews.

Thursday morning, in a lengthy decision, Judge Fred Kovach pointed out that the total time delayed in the case was 1,511 days — twice the length of the maximum sentence Tremaine could be granted.

He ruled that his right to a trial within a reasonable amount of time had been violated, and attributed only about three months of that time to actions taken on the part of the defence.

"Obviously, the crown takes these charges very seriously," said prosecutor Mitchell Miller. "We'll take a look at the decision, to see if there's anything that's cause for concern."

Due to his earlier release on bail, Tremaine had been living with a number of conditions, including one that prohibited his use of the Internet. These conditions have now been dropped. One further charge, a breach of bail, is still pending.

CARRIE-MAY SIGGINS/METRO

Postings on the web

After Tremaine was arrested in August of 2009, police alleged that between Feb. 1, 2004, and Nov. 1, 2008, Tremaine had promoted hatred through a number of Internet postings.

- Tremaine has posted on sites like Stormfront, a white nationalist web forum, adopting the screen name "mathdoktor99," and on other websites as "JCMateri."
- Tremaine lost his job as a math lecturer at the University of Saskatchewan in 2005 after a human rights lawyer faxed the school a complaint he had made against him.

Terrence Tremaine leaves court Thursday after hate charges against him were stayed. Judge Fred Kovach ruled that there had been an unreasonable delay in getting the case to trial. CARRIE-MAY SIGGINS/METRO

Mobile news

We know you love Metro, but our question is how much? Scan the code to take our online news quiz and show us how much attention you've been paying.

Prince Harry

No investigation for naked pictures

Britain's press watchdog said Thursday it will not for now open an investigation into a tabloid's publication of nude photos of Prince Harry because royal officials have not filed a formal complaint.

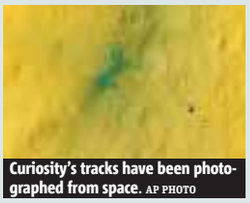
The Sun was Britain's only national newspaper to carry the pictures of Harry frolicking in the nude with an unidentified woman in Las Vegas after the images appeared online and drew international attention.

The Press Complaints Commission said it received around 3,800 complaints after The Sun published the pictures, but royal officials were not among those filing. THE ASSOCIATED PRESS

Making tracks

Signs of Curiosity can already be seen from space

NASA's robotic rover Curiosity is making its mark on Mars. Its tracks are big enough to be seen from space. In just one month, it's driven 112 metres on the red planet. Curiosity's slightly zig-zaggy tire tracks were photographed by a NASA satellite circling Mars. THE ASSOCIATED PRESS



Curiosity's tracks have been photographed from space. AP PHOTO

Coverup accusation

Suicide note kept away from family for 14 months

A Canadian soldier's suicide note was withheld from his parents for 14 months by military police in what Cpl. Stuart Langridge's stepfather calls a calculated deception.

Shaun Fynes, in his second day of testimony before a public inquiry, said he believes his son's last communication was kept back to protect the military.

"My son had (post-traumatic stress disorder), he was in pain and he couldn't take it anymore," Fynes testified Thursday. "That was the truth of that note and that was part of the coverup." THE CANADIAN PRESS

16 charges for alleged PQ gunman

First-degree murder. Weapon was legally registered long gun; Bain also hit with arson accusation

The man accused in the deadly shooting at a Parti Quebecois gathering was slapped with 16 criminal charges on Thursday, including first-degree murder, three counts of attempted murder and arson.

The weapon used in the shooting was a legally registered long gun and was part of a broader arsenal of arms that were nearly all registered, authorities said.

None of the charges relates to premier-designate Pauline Marois, who was giving her victory speech Tuesday night when the shooting occurred. However, prosecuting attorneys said additional charges could be added.

Suspect Richard Henry Bain appeared to face the charges in a high-security courtroom behind protective glass.

Bain was represented by a legal-aid lawyer. She did not request a psychiatric evaluation for her client.

His case returns to court on Oct. 11.

Bain, who turns 62 this weekend, arrived at the courthouse in the back seat of a police vehicle as media waited outside.

The only images of him circulating so far had been from the turbulent scene outside the Metropolis club, after one man was killed and another was injured during a political celebration.

Little is known about the fishing-camp owner and what possible motivations police might have identified for the shooting on election night.

A man burst into the back of the club and shot two people, killing a stage technician. A work colleague says the victim, Denis Blanchette, had replaced her earlier in the day because she wanted to vote and pick up her daughter at school.

Police say the suspect then lit a fire in back of the club before he was tackled to the ground. Several weapons were confiscated — including the long gun allegedly used in the shooting. As he was being whisked to the police vehicle, Bain shouted, "The English are waking up." THE CANADIAN PRESS

Isaac makes it rain indoors

Insulation hangs from ceilings and water drips from the attic as Darryl Dragon walks through his devastated home after floodwaters from Hurricane Isaac receded in Braithwaite, La., Thursday. Water rose into the attic during the storm. GERALD HERBERT/THE ASSOCIATED PRESS

Zimbabwe. Nurses return to hospital, still face trial

Eight nurses arrested on allegations of inciting violent protests against the firing of a Canadian doctor from a hospital have been allowed to return to their posts, Zimbabwe court officials said Thursday.

Officials said the nurses and 12 others accused of staging the protests are to reappear in court on Sept. 24 on charges carrying a penalty of imprisonment or a fine.

Police fired teargas to disperse hundreds of protesters at the hospital on Aug. 17 demanding the reinstatement of Canadian Dr. Paul Thistle, fired by the Salvation Army for criticizing church leaders.

The nurses had been barred at an earlier bail hearing from returning to the mission.

Thistle, from Scarborough, Ont., was given until Sept. 1 to leave Zimbabwe by the Salvation Army but has refused to leave the country.

He said Thursday he has not been contacted by state immigration authorities or police to deport him. He dismissed reports he has been holed up in the Canadian embassy in Harare. THE ASSOCIATED PRESS

Prosecutor Eliane Perreault speaks to reporters after the arraignment of Richard Bain in Montreal on Thursday. RYAN REMIORZ/THE CANADIAN PRESS

Bank robbers get away. Used 'bomb' as weapon

Two masked gunmen got away after a Los Angeles bank heist in which they strapped what they said was a bomb to the bank manager's midsection and ordered employees to "take out all the money."

The robbers took an undisclosed amount of cash from a Bank of America branch Wednesday, but no one was injured. No arrests had been made as of Thursday.

A Los Angeles County sheriff's bomb squad disabled the device, but investigators said it wasn't an explosive.

The bank manager was snatched in front of her home Wednesday morning, said sheriff's Capt. Mike Parker. She arrived at the bank wearing a device that the men, armed with handguns and wearing ski masks, had strapped to her stomach.

"She was told that it was explosives and she was ordered to go into the bank and take out all the money," Parker said. "She did do that in fear for her life."

The woman ordered her fellow employees to remove the cash, and it was thrown to the men who were waiting outside, authorities said. THE ASSOCIATED PRESS

Fracking blamed for B.C. quakes. Gas extraction caused tremors: Regulator

A spate of small earthquakes in B.C.'s remote northeastern corner were caused by a controversial technique used to extract natural gas from shale rock, says a report by the province's energy regulator.

The B.C. oil and gas commission launched its probe after a "number of anomalous, low-level seismic events" were detected in the Horn River Basin, a gas-rich shale formation that's attracted some of the industry's biggest players.

"The investigation has concluded that the events observed within remote and isolated areas of the Horn River Basin between 2009 and 2011 were caused by fluid injection during hydraulic fracturing in proximity to pre-existing faults," the agency said in a recent report.

In order to break the rock and free the gas trapped inside of it, companies inject a combination of water, sand and chemicals underground at high pressure.

The process known as hydraulic fracturing, or fracking, has drawn concern from environmentalists and landowners for the amount of water the process requires and for potential contamination of groundwater.

Studies have also linked fracking to earthquakes around shale formations in England and Oklahoma.

The 38 events detected by Natural Resources Canada ranged between magnitudes of 2.2 and 3.8 on the Richter scale. A quake of between 4.0 and 4.9 is considered "light" and may cause a noticeable shaking of indoor items and rattling noises.

"In undertaking the investigation, the commission notes that more than 8,000 high-volume hydraulic fracturing completions have been performed in northeast British Columbia with no associated anomalous seismicity," the report said.

THE CANADIAN PRESS

Did you feel that?

1

Only one of the 38 events recorded by Natural Resources Canada between April 2009 and December 2011 could be felt at the surface and there were no injuries or property damage reported.

Hurricane is, like, totally tubular for N.S. surfers

A surfer rides the waves in Seaforth, Nova Scotia, on Thursday. The ocean swell is starting to increase due to Hurricane Leslie, which could hit Nova Scotia and Newfoundland and Labrador early next week. JEFF HARPER/METRO IN HALIFAX

Bill charms Democrats

Party's keeping up with the Clintons

Bill Clinton's speech to the Democratic National Convention may also have started setting the stage for another White House bid by his wife, Secretary of State Hillary Rodham Clinton. The former president portrayed Barack Obama as a sensible pragmatist who put aside political grudges for the good of the U.S.

"He appointed cabinet members who supported Hillary in the primaries. Heck, he even appointed Hillary!" Clinton said. "I'm so proud of her."

The former president didn't mention his wife again, but the subtext was clear: The Clintons remain a force in the Democratic Party. THE ASSOCIATED PRESS

Obama takes the stage

Did Obama's speech resonate with Democrats as well as Clinton's did? Scan the code for the story.

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Vietnam. Church of Scientology treats victims of Agent Orange

Vietnamese with ailments linked to Agent Orange are undergoing a detoxification treatment involving saunas and vitamins that was developed by the Church of Scientology and which has been criticized as pseudoscientific.

Scientologists use the Hubbard Method to try to cure drug addiction and alcoholism. The church set up a centre in New York after the Sept. 11 attacks offering a similar service for first responders who may have been exposed to toxins.

A group of 24 people arrived for treatment at a military hospital in Hanoi for a month, free of charge, Dau Xuan Tuong, deputy administrator at the Vietnam Association of Agent Orange Victims, said Thursday.

THE ASSOCIATED PRESS

Dangerous chemicals

- **War.** The U.S. military dumped some 75 million litres of Agent Orange and other herbicides on about a quarter of former South Vietnam between 1962 and 1971 to remove the foliage that concealed enemy fighters.

Criminal complaint

Pit bull attack leads to several charges

Two men accused of hanging a teenage boy by the ankles and ordering a pit bull to bite him each face several felony charges including battery and false imprisonment in Fond Du Lac, Wis.

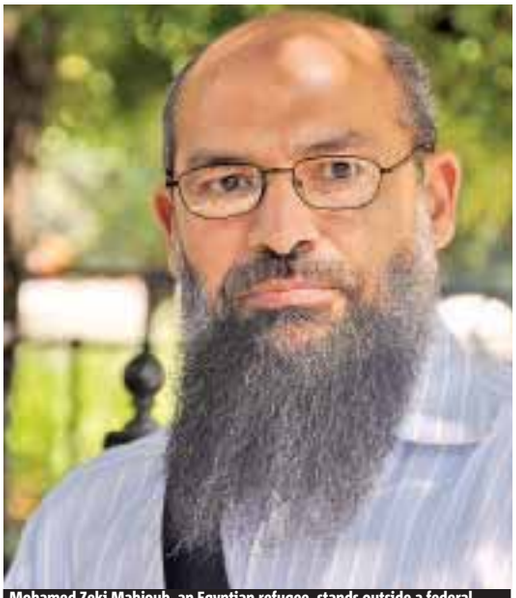
One of the suspects is the boy's father.

Joel E. Kennedy, 43, was charged Thursday along with another man, Richard R. Lisko, 58.

A criminal complaint says Kennedy's 18-year-old son told investigators that Lisko and his father accused him Friday of stealing drugs and coins at Lisko's house.

THE ASSOCIATED PRESS

Stockwell Day testifies in security-certificate case



Mohamed Zeki Mahjoub, an Egyptian refugee, stands outside a federal courthouse on Thursday in Toronto. Former public safety minister Stockwell Day was testifying at his national-security certificate hearing, defending his position of trying to deport Mahjoub as a terrorism threat.

MICHELLE SHEPHARD/TORSTAR NEWS SERVICE

Court. Proceeding sheds light on how the federal government decides someone should be considered a terrorist threat

A former federal cabinet minister told an Ontario court Thursday he had been warned there was no way of knowing whether information in a national security certificate used to detain accused terrorist Mohamed Mahjoub was obtained through torture.

Former public safety minister Stockwell Day said he signed the security certificate in February 2008 following "numerous" discussions and inquiry with intelligence and border officials.

Testifying by videolink from Vancouver, Day said the former director of the Canadian Security Intelligence Service gave him a memo stating that it was "difficult, if not impossible" to determine if the information used as evidence was torture-derived because some of it had come from countries with a reputation of employing those practices.

The federal government is trying to deport the Egyptian-born man using a national security certificate — a rarely used immigration tool for deporting non-Canadians considered a risk to the country — claiming he was a high-ranking member of an Islamic terrorist organization with links to Osama Bin Laden.

THE CANADIAN PRESS

Mahjoub's arrest

- **Law revamped.** Mohamed Mahjoub was arrested in June 2000 based on secret evidence. But CSIS had to start over after the Supreme Court of Canada ruled the certificate process unconstitutional in 2007, and the government subsequently revamped the law.

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Recession possible: Report

Debt. Study finds that consumer spending may drop as debt-to-income ratio hits record high

There is more than a 20 per cent risk of Canada falling into a second recession — and though much of that risk comes from outside our borders, Canadians' sky high debt loads could push the economy over the edge, warns a new report from Moody's Analytics.

With debt-to-income ratios at an all-time high around 150 per cent, Canadians have stretched themselves to the limit since the recession and have left little head room to buffer against another economic downturn, Moody's suggests in the report released Thursday.

"With the economy now relying heavily on the continued expansion of household spending, any retrenchment in the consumer sector will likely place the economy on the brink of a second recession," the report's authors say.

The study — "Storm Clouds Gather Around Canadian Consumer Credit" — says while Canada has managed to outperform other G7 countries since the recession it has been propped up by consumer spending, while exports continue to lag.

Statistics Canada reported last week that the economy grew at an annual rate of 1.8 per cent in the second quarter. That beat analyst expectations, but it was the third quarter in a row for sluggish performance below two per cent.

And there is potential for exports to further weaken, given the very real possibility that Europe's debt crisis could deepen and spill over to other countries, and the fiscal crisis that Canada's largest trading partner, the U.S., is also facing.

THE CANADIAN PRESS

Amazon redoubles efforts to fight Apple with new Kindle Fire

Amazon CEO Jeff Bezos unveils new Kindle reading devices at a press conference on Thursday in Santa Monica, Calif. Amazon is updating its Kindle Fire tablet computer, as it steps up competition with Apple's iPad, and refreshing its whole line of Kindle gadgets. The basic model will cost $159 US, down from $199 for the old model. It will start shipping Sept. 14, though there are no immediate plans for a Canadian launch. It's also coming with high-end versions, including ones with a screen nearly as large as the iPad. Amazon also refreshed its line of stand-alone e-readers. Called Paperwhite, the new e-reader model has a black-and-white screen.

PHOTOS BY DAVID MCNEW/GETTY IMAGES

Hungary

PM unfriends IMF on Facebook

Hungary's prime minister has used Facebook to unfriend the International Monetary Fund. Viktor Orban said in a brief video message on his official Facebook page that Hungary could not accept conditions such as pension cuts and the elimination of a disputed bank tax in exchange for a loan of around $15 billion US.

THE ASSOCIATED PRESS

Flying fuel

Delta looks to buy cheaper oil

Delta Air Lines Inc. is looking into buying cheaper crude oil from North Dakota to supply its new refinery, instead of the more expensive crude from overseas that the refinery has used in the past. Delta bought the refinery near Philadelphia earlier this year to cut its fuel expenses by $300 million US per year.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 101.75¢ US (+0.83¢)

TSX 12,139.73 (+149.6)

OIL $95.53 US (+17¢)

GOLD $1,705.60 US (+$11.60)

Natural gas: $2.776 US (-1.9¢)
Dow Jones: 13,292 (+244.52)

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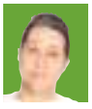


THE LIST
Mike Benhaim
metronews.ca

1 **I am woman, hear me roar, in French.** Note to newly elected Quebec Premier Pauline Marois: First, please know that there is no adequate French term for "smoked meat" or "bagels." Second, if you achieve your goal of separation, whose picture goes on the money? Celine Dion? Guy Lafleur? Give it some thought.

2 **Spare the rod.** The Canadian Medical Association Journal says it's time to repeal Criminal Code Section 43, which allows parents to physically discipline their children. Apparently, several bills to ban corporal punishment have failed in the House of Commons as recent as 2008. If this is true, where are these parents when these kids are kicking my seat on the plane?

3 **Growing up Disney.** Selena Gomez sheds her wholesome image in the new film Spring Breakers. The movie apparently features scantily clad girls doing drugs, which Gomez admits may be "shocking" to her fans. Now, Selena is adorable, but I'd consider it "shocking" to see her in a movie I actually wanted to watch.

4 **Monkey business.** Wildlife trading on the web has now reached dangerous proportions. As a result, more than 7,500 species of animals are at risk of extinction. Sites like eBay are being asked to implement stricter regulations, but I'm more interested in the delivery. I can barely find an Xpresspost box to send my mom a coat, but people are shipping rhinoceros? That's gotta be a lot of stamps.

5 **Day job.** Former football star Michael Strahan fulfilled his 2008 prophecy by becoming Kelly Ripa's new co-host. After winning the Super Bowl, Regis Philbin asked what he wanted to do next. Strahan replied: "Your job looks pretty good." I've used that line at every job interview, and it has never worked.

6 **Get Smart-phone.** Millions of Apple device IDs, which track user activity, were uncovered by hackers on an FBI agent's laptop. The news sparked tremendous public outcry regarding what American's claim is a breach of privacy. Government officials across the country were surprised to hear that the term "privacy" was still in use.

7 **TIFF is back with a vengeance.** A little Shakespeare here, some Tolstoy there, and a Spike Lee documentary about Michael Jackson. I've got my eyes on Jack Kerouac's On the Road starring the princess of pout, Kristen Stewart. Mostly because I was never intoxicated enough to finish the book, but also because Stewart might be one relationship question away from an epic hissy fit that could make YouTube history, and it would be nice to see it happen in Canada.

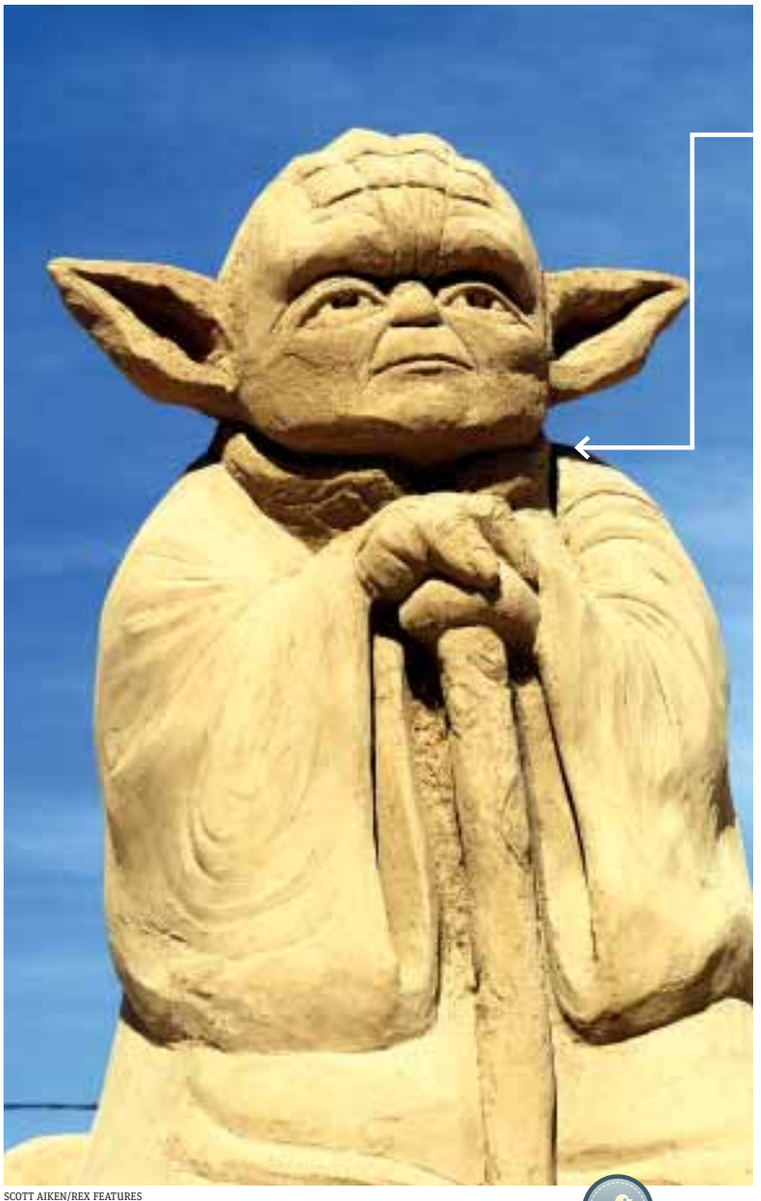
8 **CIFF, not TIFF.** There's a buzz surrounding a film that will be unveiled at the Calgary International Film Festival. Mr. Viral is a dark comedy thriller about viral marketing that's been described as Mad Men meets Fight Club. In a novel attempt to raise money, producers offered subliminal photo placement to small online investors, so don't be surprised if you leave the theatre with the mysterious urge to call your ex-girlfriend.

Kelly Ripa and Michael Strahan
BEN GABBE/GETTY IMAGES

9 **Long and Winding Road.** On this day in 1964, The Beatles played two shows at the old Montreal Forum, in English.

Follow The Metro List on Twitter @TheMetroList

Strong is the Force on this beach



SCOTT AIKEN/REX FEATURES

FIESA 2012

The sand championships

Jedi master Yoda gets a holiday makeover at the FIESA 2012 International Sand Sculpture Festival in Portugal. It is the largest such festival in the world and this is the 10th anniversary. Each year, about 60 artists take part, and this edition's theme is "Idols." Masterpieces include Michael Jackson and Portugese soccer star Eusebio. METRO

The White House at a U.S. sand show. GETTY IMAGES

Rival festivals

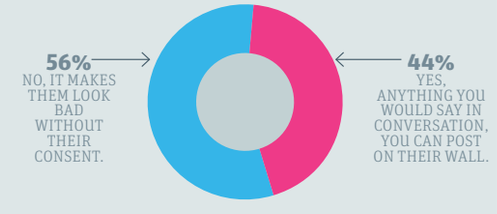
Portugal may have the biggest sand festival, but is it the best?

- **Harrison Hot Springs.** Canadian site that has hosted World Championships.
- **Weston-super-Mare.** U.K. event has taken place since 2005, but was vandalized this year.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Is it OK to use expletives on your friends' Facebook walls?


56%
NO, IT MAKES THEM LOOK BAD WITHOUT THEIR CONSENT.
44%
YES, ANYTHING YOU WOULD SAY IN CONVERSATION, YOU CAN POST ON THEIR WALL.

Twitter

@jtrainprince:
New dress! :) #yqr - shopping the cathedral district.

@MJCultural:
Really enjoyed the MacKenzie bequest exhibition @atTheMAG in #yqr. It's there until Oct. 14.

@Canuckgirl:
There are some pretty darn cool people here in #yqr - not cool just because of the weather either... sense.

@codyjordison:
Banjo bowl this sunday. Hmmm. #yqr to #Winnipeg road trip? Hmmm. #cfl #riders

@cgambleg:
I love that I can leave my house at 9:30 and be back with two bags of groceries by 9:50! #yqr#EastEndRules

@cynthiaschultz1:
to all the new teachers in #yqr have an awesome first day with your students! :)

metro
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A film about the beauty of language should be better written than The Words. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Story falls flat in film about storytelling

The Words. Flimsy characters, an ending filled with ennui and a pretentious premise make this movie about a novelist one to miss

Richard: Mark, words fail me. Or should I say, The Words failed me. A movie about the beauty of language should be better written than this. Let's put aside the bizarre story-within-a-story-within-a-movie structure for a second and focus on the words themselves. We are supposed to believe the Dennis Quaid character is a master wordsmith, but when he reads from his book it's as if he's reciting a police report. "And on a Friday afternoon, they were married at City Hall. They honeymooned in Paris." Where's the art in that?

Mark: Well, Richard, maybe the Quaid character is a Hemingway acolyte. And there are numerous references to him in the film. But what the movie is about is the power of storytelling. So how about this? Just tell the story! What is the purpose of the Quaid framing device except to show off Olivia Wilde's doe eyed frozen smirk?

RC: Perhaps it was seen as another opportunity for different characters to mouth platitudes. The blurred line between real life and fiction could have been an interesting plot device, but instead is just pretentious and dull. Are we supposed to take any of this seriously when the deepest any character gets is to tell us that great artists must choose between life and fiction? "They're very close, but they're two different things." Thanks for clearing that up.

MB: The movie actually sucked me in for the first half. Then it just sucked. I liked Jeremy Irons but I found that everyone's motivations were completely phony. And doesn't Bradley Cooper know that Paul Dano has the franchise rights to playing struggling novelists this year? And for a movie that's all about the gift of narrative, could someone have written an ending?

RC: I hate to just pile up on this movie, but it doesn't leave me with many options. Irons has something going until he says, "Wait, this is when it gets interesting." If only he were right. It's all just so earnest and poorly told, as if it is a lesson in how NOT to describe a writer's life. The abrupt ending didn't bother me that much. I was just glad it was over.

MB: I thought the movie was setting us up for a blackmail thriller, which would have been obvious, but nothing could have been as bad as the bloodless, whimpering ennui of the last third of this film.

Synopsis

Dennis Quaid plays Clay Hammond, a bestselling author reading from his book The Words. He spins the tale of Rory (Bradley Cooper), a struggling writer who publishes a manuscript he found tucked inside an antique briefcase. Taking credit for the words, he is forced to face his bad deed when the author of the book, an old man who lost the manuscript 50 years before, enters his life.

- Richard:
- Mark:

SCENE2

On the web

Scan this code or visit metronews.ca/scene to find out who took home a moon man at the MTV Video Music Awards on Thursday night.

NEED A RIDE?
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Milla Jovovich likes hotel shampoo, and her job as queen zombie killer

Resident Evil franchise. Star of series talks about fifth film and the possibility of a female version of the Expendables

NED EHRBAR
Metro World News in Hollywood

Milla Jovovich is on her fifth installment of the Resident Evil franchise, and she's not about to slow down. HANDOUT

When I first see Milla Jovovich, she's carrying a handful of hotel toiletries to her bag, explaining that she's taking them home with her. "I have guest rooms, and I think it's super-chic to put them out, and then when people are finished with them, either they buy their own or they know it's time to leave," she explains. "I can obviously afford to buy shampoo, but it's a principle thing, right?" Jovovich certainly can afford any toiletries she wants, since her zombie-fighting film series is up to its fifth installment, Resident Evil: Retribution, and it shows no sign of slowing down.

When you get to the fifth film in a franchise, how do you keep track of the story?

I'm married to the writer-director. That helps. Because literally, I think up until last year I totally thought Alice was the bad guy. And Paul [W.S. Anderson] was like, "No, but don't you remember in No. 1, the whole flashback sequence?" And I was like, "Are you sure?" And he's like, "I wrote the script. I think I'm sure." But pretty much there is no script. Michelle [Rodriguez] and I like to say that Paul just has a video camera and presses record. So it's pretty much like reality TV.

There's talk of an all-female version of the Expendables.

We're the ones that set it up. Paul and I have an idea for a female Expendables project, but Expendables is a very conceptual film, so how do you translate that into a female genre without being derivative? There's not that many girls that you would associate with that, do you know what I mean? There are many more guys that are known as action stars than women, so how would you make a female Expendables in that way? It's tough, but we have a really interesting idea that I won't tell you about right now, but it's really cool and it would be sort of like a female Expendables. It would be strong women taking vengeance.

Milla's Twitter rule

- **Devote the time.** "If I'm going to tweet, I need to tweet and be able to have an hour to tweet. I can't just tweet one thing and then disappear. It's a Russian thing. I'm a guilt-ridden human being, I live in guilt. Always. If I'm going to tweet, I want to chat, I want to have quality time. I could not tweet for a month, which I think is OK, but when I do tweet, I give them a good hour of my time. I don't want to be halfway there."

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A VÉLO CONTRE LE CANCER CHEZ LES JEUNES

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT.7 TO THURS., SEPT. 13. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Joseph Gordon-Levitt is one extreme bike courier in Premium Rush. HANDOUT

Southland Mall
3025 Gordon Rd., 306-585-7442

The Apparition (14A) Fri-Sun 10:15 Mon-Thu 8:50
The Bourne Legacy (PG) Fri 7:35-10:30 Sat-Sun 1:35-4:35-7:35-10:30 Mon-Thu 5:20-8:40 Star & Strollers Screening Wed 1
Brave (G) Sat-Sun 1:45
The Campaign (14A) Fri 7:30-10:30 Sat-Sun 1:30-4:30-7:30-10:30 Mon-Thu 5:40-8:30
The Dark Knight Rises (PG) Fri 6:30-10 Sat-Sun 2:30-6:30-10 Mon-Thu 7:35
Diary of a Wimpy Kid: Dog Days (G) Fri 7:45 Sat-Sun 2:20-5:10-7:45 Mon-Thu 5:45
The Expendables 2 (14A) Fri 7:20-9:55 Sat-Sun 1:50-4:50-7:20-9:55 Mon-Thu 6:05-8:45
Hit & Run (14A) Fri 7:25-10:10 Sat-Sun 2-5-7:25-10:10 Mon-Thu 5:35-7:50
Ice Age: Continental Drift (G) Fri 6:40 Sat-Sun 2:10-4:20-6:40 Mon-Thu 5:25
Magic Mike (14A) Fri-Sun 10:05 Mon-Thu 8:10
The Odd Life of Timothy Green (G) Fri 7-9:30 Sat-Sun 4:25-7-9:30 Mon-Thu 5:30-8:15
ParaNorman (PG) Fri 7:40 Sat-Sun 2:20-4:55-7:40 Mon-Thu 6 Star & Strollers Screening Wed 1
The Possession (14A) Fri 7:15-9:40 Sat-Sun 1:40-4:40-7:15-9:40 Mon-Thu 5:55-8:35
Total Recall (PG) Fri-Sun 9 Mon-Thu 7:40

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit 26, 306-522-9098

The Bourne Legacy (PG) Fri 4:05-7:05-10:15 Sat-Sun 1:05-4:05-7:05-10:15 Mon-Thu 7:10-10:10
The Campaign (14A) Fri 6:05-8:20-10:30 Sat 11:20-1:35-3:50-6:05-8:20-10:30 Sun 1:35-3:50-6:05-8:20-10:30 Mon-Thu 8:05-10:15
The Dark Knight Rises (PG) Fri 6:45-10:15 Sat 11:15-2:45-6:45-10:15 Sun 3:15-6:45-10:15 Mon-Thu 8:30
The Expendables 2 (14A) Fri 5:25-7:55-10:30 Sat 12:10-2:55-5:25-7:55-10:30 Sun 2:55-5:25-7:55-10:30 Mon-Thu 7:30-10
Hope Springs (PG) Fri 4:45-7:20-9:50 Sat 11:30-2:05-4:45-7:20-9:50 Sun 2:05-4:45-7:20-9:50 Mon-Thu 7:05-9:35
Last Night of the Proms Live - BBC Proms 2012 (STC) Sat 12:30
Lawless (14A) Fri 4:40-7:30-10:10 Sat 11:10-1:55-4:40-7:30-10:10 Sun 1:55-4:40-7:30-10:10 Mon-Thu 7:20-10
Madam Butterfly 3D - Royal Opera House (PG) Sun 12:30 Mon 7
ParaNorman (PG) Sat 11:50-2:15 Sun 2:15
ParaNorman 3D (STC) Fri-Sun 4:35-7:10-9:35 Mon-Thu 7-9:30
Pee-wee's Big Adventure (PG) Sat 11
Premium Rush (14A) Fri 5:35-7:50-10:05 Sat-Sun 1-3:15-5:35-7:50-10:05 Mon 10:05 Tue-Thu 7:50-10:05
Ted (14A) Fri-Sat 4:50-7:25-10 Sun 2:10-4:50-7:25-10 Mon-Thu 7:35-10:10
The Words (PG) Fri 5:35-8-10:25 Sat 12-2:25-5:35-8-10:25 Sun 12:40-3:10-5:35-8-10:25 Mon-Thu 7:45-10:15
Kramer IMAX Theatre
2903 Powerhouse Dr., 306-522-4629
The Dark Knight Rises (PG) Sat-Sun 12:30-7:15
No Films Showing Today (STC) Fri Mon-Thu
To the Arctic 3D (G) Sat-Sun 3:30-6
Tornado Alley 3D (STC) Sat-Sun 4:45

Paradise Cinema
1011 N. Devonshire Dr., 306-522-7888

Brave (G) Sat-Sun 1:30-3:50
Ice Age: Continental Drift (G) Sat-Sun 1:20-4
Magic Mike (14A) Fri-Thu 6:50-9:30
Total Recall (PG) Fri-Thu 7-9:25
Golden Mile
3806 Albert St., 306-359-5250
The Amazing Spider-Man (PG) Fri-Thu 1:10-3:45-6:35-9:25
The Best Exotic Marigold Hotel (G) Fri-Thu 1:20-3:45-6:40-9:30
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 1:30-3:50-6:45-9:40
Marvel's the Avengers (PG) Fri-Wed 2-7:20 Thu 1-7:20
Men in Black 3 (PG) Fri-Thu 1:35-4-6:55-9:45
Prometheus (14A) Fri-Sun 1:25-3:55-6:50-9:35 Mon-Thu 1:25-3:55-9:35
Savages (18A) Fri-Thu 1:10-3:50-6:30-9:20
The Watch (18A) Fri-Thu 1:40-4-7-9:55

Regina Public Library Film Theatre
23 11 12th Ave., 306-777-6104

Beasts of the Southern Wild (PG) Fri-Sun 7
Compliance (14A) Thu 7
Habemus Papam (G) Fri-Sun 9
No Films Showing Today (STC) Mon-Tue To Rome With Love (PG) Thu 9
Wednesday Plus (STC) Wed 7

What's the deal with Perry and Mayer?

It's getting tough for folks to keep up with Katy Perry's romance with John Mayer. Two weeks ago, the pair was supposedly off when Mayer dumped Perry after a couple of months of "casual dating," but that doesn't explain why Perry and Mayer have been spotted together twice in the last week, according to X-17.

First, they hit up a Labour Day weekend music festival in downtown L.A., and then just a few days later they were spotted sneaking out of a restaurant after having dinner together.

People who have recently broken up don't usually spend that much time together.

The Word

Pattinson's drinking problem is 'out of control': Source

Friends of Robert Pattinson reportedly want the actor to seek treatment for a drinking problem they say he's had for years and has only gotten worse since revelations of girlfriend Kristen Stewart's infidelity came to light, according to Hollyscoop.

Pattinson "has a huge drinking problem" and his friends and family "think that he needs to go to rehab," a source says.

But apparently his drinking is nothing new, according to the source: "He was drinking every day on the set of Cosmopolis and everyone on the set was aware of this," the source says. "His drinking is out of control. He loves vodka and drinks alone."

METRO

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Lohan sets record straight about Tom Cruise story

Somehow, Lindsay Lohan got pulled into a recent Vanity Fair story about the Church of Scientology auditioning actresses to be Tom Cruise's girlfriend before he married Katie Holmes, and Lohan just wants everyone to know she has no idea what the magazine is talking about.

"Lindsay met with Tom before he met Katie," a source tells the Huffington Post.

"At first, she was super-excited to work with Tom and thought it was about a role in Mission Impossible. It soon became clear that he wasn't looking for an actress but something very different."

Looking to clear her name, Lohan was quick to take to Twitter to post, "I just want everyone (and Tom Cruise) to know, that I have/had NO part in the VF story — nor has anyone in my life, personal and work-related."

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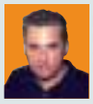
LIFE

Liquid Assets

Laughs in a wine bottle



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I try not to take things too seriously — especially wine. Knowing my booze beverage of choice can pour pretty pretentious just makes me more than happy to poke fun at its reputation for being a glass for the upper class.

In my slightly twisted mind, wine is the people's drink and should never be put on a pedestal or treated like a liquid of luxury (even if the bottle costs a few hundred bucks).

That's why I appreciate winemakers with a sense of humour. I'm not talking about their juice. It's more about how they brand their output. The Aussies are masters at making classy, yet accessible, wines with amazingly original names.

When it comes to old school fun Mitolo's 2010 Jester Shiraz ($21.95 - $24.99) is more than a thick, textured red from the Mclaren Vale in South Australia. Its name was inspired by jester Richard Tarlton — one of Queen Elizabeth I's favourite comedians.

Dark, deep and layered with licorice, spice and chewy black fruit, it's a perfect late summer barbecue companion for steak or a choice slab of beef. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Serve restaurant taste at your dinner table

Spicy Pork and Polenta. Take the mystery out of cooking this maize, which is a staple in Italian cuisine

Most people consider polenta a restaurant food. That's because as good as this creamy, cheesy Italian staple is, few of us have the hour needed to crank it out.

But hidden on the grocer's shelves is a shortcut that can help get polenta on your dinner table any day of the week in minutes — prepared polenta. This is different — and far better — than a related product known as instant polenta. But first, some polenta basics.

Polenta is a traditional starch in Italian cooking, an alternative to pasta, rice and potatoes that pairs deliciously well with robust sauces and meats. Polenta is made by slowly simmering and stirring cornmeal with chicken broth or water. It usually also is seasoned with Parmesan cheese and butter.

While the dry product called instant polenta promises results in five minutes or less, it tends to be grainy and flavourless. The better choice is tube-style pre-cooked polenta, usually sold in the grocer's natural foods section. This product is ready to slice and toss on the grill, under the broiler or into a skillet to pan-fry.

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1/2 cup mirin
- 1/4 cup crushed pepper sauce
- 1/4 cup seasoned rice vinegar
- 2 tbsp soy sauce
- 1 lb thinly sliced pork cutlets
- 18-oz tube prepared polenta, cut into chunks
- 1 cup milk
- 2 tbsp toasted sesame oil
- 4 oz crumbled feta cheese
- Salt and ground black pepper

1. In stainless steel bowl, stir mirin, crushed pepper sauce, vinegar and soy sauce. Add pork, toss, refrigerate 20 mins.

2. Meanwhile, in saucepan over medium heat, combine polenta and milk. Stir until soft and heated through, 6 to 7 minutes. Cover and set aside.

3. In skillet, heat oil over medium-high. Remove pork from the marinade (reserve marinade) and add to pan. Brown cutlets on each side 4 mins. Add marinade from bowl to skillet and bring to a boil.

4. Stir feta cheese into polenta, then season with salt and pepper. To serve, spoon polenta onto each plate, then top with pork cutlets and sauce from pan. **THE ASSOCIATED PRESS**

On the Web

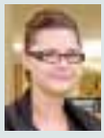
The latest for the tech-obsessed homeowner: Wi-Fi fridges, washers and dryers

NEED A RIDE?
Read metrodrive every Wednesday.

LOOKING TO MAKE A CAREER CHANGE?
Read metrowork every Monday & Wednesday.

Rider Nation sounds off

"The Riders will be high again."
Gary Akan



"They will beat the Bombers — just not by 52 this time."
Danielle Vandevelde

"It could go either way depending on so many facets of the game. If the Riders win, I don't think they'll break any records like last week."
Curtis Salatesky

Sagging in Swaggerville?

"They'll probably lose again — 52-0 pretty much speaks for itself. They might get a rouge, but that's it." Cory Tucker

"It's going to be a totally different score. Bombers, I will predict, 32-20."
Pedro Daza

"I hope they do better, I mean they've got to recover from that."
Domingo Valdez

Roughriders quarterback Darian Durant throws to fullback Neal Hughes during last Sunday's game in Regina. LIAM RICHARDS/THE CANADIAN PRESS FILE

Riders ready for Banjo Bowl kickoff

CFL. Saskatchewan preparing for 'new team' on Sunday in Winnipeg

ROB BROWN
rob.brown@metronews.ca

The Roughriders are cautiously optimistic heading into this weekend's Banjo Bowl.

Despite last weekend's big 52-0 win over Winnipeg, the Riders are not taking the Blue Bombers lightly — they see the game as a chance to pick up another win and begin a trip out of the CFL's West Division basement and back into playoff contention.

On Sunday, the 4-5 Riders hope to make it two in a row against the 3-7 Bombers, who are playing their first home game under new head coach Tim Burke.

Riders' head coach Corey Chamblin said his team knows Winnipeg made mistakes during the Labour Day Classic — mistakes he knows the Bombers will have corrected this week come the Banjo Bowl.

"We capitalized on a lot of mistakes that the Bombers won't make this week," said Chamblin.

Riders running back Kory Sheets, who was named a CFL mid-season offensive all-star Thursday, said the Riders haven't let complacency kick in knowing they'll face a seemingly down and out Winnipeg club.

"We're preparing for the game the same way — this is a new team and a new week," said Sheets.

Chamblin said come Sunday, Winnipeg will see an improved Rider team on both sides of the ball and on special teams.

"(Weston) Dressler is a playmaker who he needed to be there (last week on special teams), and he was," said Chamblin.

He added Joe Lobendahn's performance will be even better than his strong debut last week on defence — now that he has spent more time with the team.

"He's going to be better," said Chamblin

Kick off is at 11 a.m. Mountain time at Canad Inns Stadium.

Quoted

"Dressler is a playmaker who he needed to be there (last week on special teams), and he was."

Head coach Cory Chamblin on Roughriders slotback/kick returner Weston Dressler

Mack addresses fans

Blue Bombers vice-president and GM Joe Mack was asked Thursday what he wanted to say to fans who've been calling for his firing through campaigns on Facebook and Twitter that sprouted up after last week's 52-0 loss to the Roughriders.

- "I'd say, 'I understand that you're disappointed. So am I. And frustrated, so am I,'" Mack said. "That's something I can't control."

THE CANADIAN PRESS

4 SPORTS

Mobile sports

The CFL season has been full of ups and downs at the halfway point of the campaign. Two finalists for last year's top rookie award are a couple of the unforeseen highlights so far in 2012. Scan the code for the story.

‘Super’ Mario Williams feels like he’s a rookie again with the Bills

NFL. High-profile defensive end makes his debut for Buffalo as Tebow Time starts for New York Jets on Sunday

It’s Tebow Time for the New York Jets, and Super Mario’s big debut for the Buffalo Bills.

Tim Tebow and Mario Williams, two of the NFL’s highest-profile players, switched teams this off-season and are hoping to have huge impacts — starting with the regular-season opener at MetLife Stadium on Sunday.

“I really don’t get nervous, but it does feel like my rookie year all over again,” said Williams, who signed a six-year, $100-million US deal with the Bills in March after six years in Houston. “It does feel like I got drafted again. I’m pretty sure it’ll be a little bit, a little anxiety, but it’ll be fine.”

The Bills are banking on the fact that Williams will add a big-time boost to their defence, wreaking havoc on opposing quarterbacks every Sunday and helping Buffalo improve a defence that managed just 29 sacks last season.

“You kind of sit back and go, ‘whew,’” Jets coach Rex Ryan said. “He’s a tremendous player. Your first thought is you’re going against him, then you think, ‘He does get to play New England twice, so that’s kind of a good thing.’ If we can survive, hopefully New England will struggle with him. That’s it. It’s like, ‘Whew.’ The conference, our league is getting better. You steal one of the top pass rushers in the game. Clearly, you think, ‘Oh man.’ You hope that he doesn’t go into our division, but here he is.”

And, so is Tebow, the popular backup quarterback whose role in New York’s offence has been kept mostly under wraps all off-season to keep defences on their toes. Tebow will work in new offensive co-ordinator Tony Sparano’s wildcat packages and as the personal punt protector on special teams.

Beyond that, anybody’s guess is as good as Buffalo’s.

THE ASSOCIATED PRESS

How much Tebow time?

Tim Tebow, acquired by New York from Denver in March, will work anywhere from a handful to 20 plays each week, depending on the game and the opponent.

- He and starter Mark Sanchez have said all the right things throughout the off-season, but many fans and media insist this is a combustible situation that can have fans chanting for Tebow to supplant Sanchez at the first sign of trouble.

Mario Williams, left, talks with teammate Kyle Williams during practice Wednesday in Orchard Park, N.Y.

DAVID DUPREY/THE ASSOCIATED PRESS

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GRAND OPENING
CELEBRATION
Harbour Landing South Regina
Friday Sept 7:
Door Crasher: Purchase a Sidearm or Power Hoodie now $39.99 and receive a FREE “Over It” tee
PLAYER APPEARANCES*: 5 – 7pm
Kory Sheets, Tyron Brackenridge
Saturday Sept 8:
Door Crasher: Reebok White Retro Jersey was $89.99 now $29.99
GAINER the Gopher: 12 Noon
PLAYER APPEARANCES*: 1 - 3pm
George Reed, Gene Makowsky
DOOR CRASHERS!
FREE STUFF!
PRIZE DRAWS
GAINER!
PLAYER APPEARANCES
ENTER TO WIN!
32” Panasonic TV
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– Courtesy of Game Day Marketing
Personalized Jersey
– Courtesy of Reebok
Old Time Hockey Prize Pack
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New Era Prize Pack
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...and MORE!
Grasslands location only - while supplies last. *Players subject to change.

SJHL

Driver admits guilt in crash that killed hockey player

A man driving a pickup that rolled, killing a Saskatchewan Junior Hockey League player, has pleaded guilty to drunk driving causing death.

Lukas Nicolas, who is 20, of Beardy’s First Nation, will be sentenced on Oct. 31 in a Saskatoon court.

Myles Cameron was killed at age 20 in December 2010 near his hometown of Duck Lake, Sask.

Police say Cameron was not wearing a seatbelt.

Cameron played for the Yorkton Terriers and the Ochapowace Thunder of the Prairie Junior Hockey League. THE CANADIAN PRESS

NHL

Jets warn fans of potential lockout

The Winnipeg Jets are warning their fans about the possibility of a lockout. The team sent a note to its season ticket holders and corporate partners Thursday that said it had put contingency plans in place should a work stoppage disrupt the start of the year.

THE CANADIAN PRESS

Tennis. Ferrer finds extra gear in marathon win in U.S. Open quarter-final

David Ferrer needed a mid-match pedicure of sorts. He seemed bothered when his opponent got a mid-game medical timeout. He was down a break in the fifth set.

In the end, though, the indefatigable Spaniard was barely better, as he usually is when matches go the distance.

With his high-energy brand of leg-churning, ball-chasing tennis, the fourth-seeded Ferrer outlasted eighth-seeded Janko Tipsarevic of Serbia 6-3, 6-7 (5), 2-6, 6-3, 7-6 (4) in four hours, 31 minutes Thursday to reach the U.S. Open semifinals for the second time.

David Ferrer celebrates in New York on Thursday.

THE ASSOCIATED PRESS

Ferrer trailed 4-1 in the last set, but in the next game, Tipsarevic slammed to the ground while chasing a drop shot and stayed down for a few moments. Tipsarevic later had his right thigh taped up.

Ferrer, also a semifinalist at Flushing Meadows in 2007, has won four consecutive five-setters and is 17-9 overall.

When the match ended on Tipsarevic’s backhand into the net, Ferrer raised his arms, then knelt near the baseline. The weary foes met at the net for a hug.

“I don’t have words,” said Ferrer, who reached the semi-finals at the French Open in June. “It was a very emotional match.”

Might have been the best of these two weeks so far, filled with twists and turns and plenty of theatre.

Ferrer had various issues Thursday, including a dispute over a line call early in the fifth, and a bothersome toe on his right foot that a trainer worked on in the third — removing Ferrer’s sneaker and sock and using a pair of nail clippers to help fix things. At another changeover, Ferrer gestured wildly while exhorting himself between bites of a banana.

THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
You will do almost anything to avoid boredom but the planets warn that if you go too far today, you might later decide that boredom is not such a bad thing after all. Never forget that actions have consequences.

♉ Taurus
April 21 - May 21
Someone is sure to disapprove of what you do today. Should that stop you from doing it? No way! If anything, you should show your independence by doing it even more. They will get the message.

♊ Gemini
May 22 - June 21
If you feel that your life is in a bit of a rut you should do something about it today. Try doing the opposite of what you usually do. Don't worry that others might not approve — that's what makes it fun.

♋ Cancer
June 22 - July 23
You will get the chance to change something that should really have been changed weeks, if not months, ago. If it's a habit that is holding you back be brave and cut it out of your life once and for all.

♌ Leo
July 24 - Aug. 23
Make it your business to get involved in a cause that helps people who are too weak to help themselves. Don't worry that by doing so you might make powerful enemies — you have powerful friends to protect you.

♍ Virgo
Aug. 24 - Sept. 23
With the Sun in your sign linked to Jupiter today you won't hesitate to do something out of the ordinary. Even people who know you well will shake their heads and wonder what's come over you.

♎ Libra
Sept. 24 - Oct. 23
You seem to have come into some money but don't spend too much time admiring your good fortune because you need to build on what you've been given. It doesn't have to be easy come, easy go.

♏ Scorpio
Oct. 24 - Nov. 22
What happens today may catch you by surprise but you can still profit from it if you act quickly. The planets indicate that if you take a risk it will pay off in a big way. What have you got to lose?

♐ Sagittarius
Nov. 23 - Dec. 21
The direct approach is the best approach, especially where partnerships are concerned. Let others know how you feel and don't worry that you might hurt their feelings. It's your feelings that matter, so tell it like it is.

♑ Capricorn
Dec. 22 - Jan. 20
Today's Sun-Jupiter link will help you shake things up a bit, especially where your daily routine is concerned. In a nutshell, you need to be more adventurous. Never let the past or old habits hold you back.

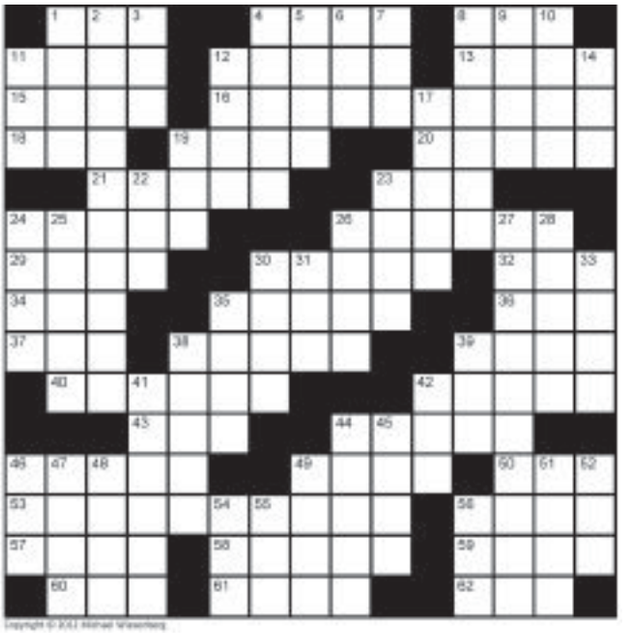
♒ Aquarius
Jan. 21 - Feb. 19
Do something that takes even your best friends by surprise today. It's time you reminded certain people, both at home and at work, that you have a mind of your own and are not afraid to use it.

♓ Pisces
Feb. 20 - March 20
You may be perfectly entitled to get annoyed with someone and lay down the law but isn't there a better way to deal with the situation? If you upset them needlessly it could be self-defeating in the long-term.

SALLY BROMPTON

Crossword: (Mount St. Elias Is the Second-Highest)

BY MICHAEL WIESENBERG



Across
1. WSW opposite
4. Certain hockey shot
8. Also say
11. 2-Down or 7-Down: abbr.
12. Idaho or Iowa
13. Louis David ___, a founder of the province of Manitoba
15. In person
16. Canada's government
18. A vote for
19. Baseball stadium
20. Expenses
21. Flies like an eagle
23. Early Beatles bassist Sutcliffe (or an alphabetic sequence)
24. ___ Mountains: sight visible from Calgary but not Edmonton
26. Book jacket promos
29. God of love
30. The "Little Ol' Band From Texas" (2 wds.)
32. "Gangsta" music
34. Bring home after expenses
35. Get ready to play a hole (2 wds.)
36. QB's goal : abbr.
37. Thee: Fr.
38. School vehicles
39. Belfry critters
40. Least dangerous
42. Defensive response to "Stop hitting your sister!" (2 wds.)
43. A cheer
44. Columbus's Italian birthplace
46. 640 make a square mile
49. Alero or Cutlass, in brief
50. ER workers : abbr.
53. Canada's highest peak (2 wds.)
56. Endorse politically
57. "Be with you in ___!" (2 wds)
58. Hobby shop wood
59. TV award
60. Volcanic fallout
61. Canonized French-women: abbr.
62. Sixth sense

Down
1. Fort ___: Ontario town directly across the Niagara River from Buffalo, New York
2. A Maritime (2 wds.)
3. Night before
4. Asterisks
5. Alouette, in English
6. It's off Canada's East Coast: abbr.
7. A Maritime: initialism
8. Knight's protector
9. Expires
10. Minor automobile accident result
11. Tissue box word
12. Box for practice
14. Capt.'s subordinates: abbr.
17. Malfunction or misbehave (2 wds.)
19. Earnings
22. Approves
23. Pig feed
24. Landlord's charge
25. Sandwich cookies
26. A/C capacity measures
27. "Summer of '69" singer (2 wds.)
28. "___ say": "Alas" (2 wds.)
30. Enthusiasm
31. Last letter of the alphabet in the US
33. "Hey, you!"
35. 30-Across's first top 20 single
38. "Beauty and the ___"
39. RBC competitor
41. Canadian language
42. Special connections
44. Drinking vessel
45. Novelist Ferber
46. "I ___ Rock": Simon & Garfunkel hit (2 wds.)
47. ___ Nostra
48. Regrets
49. Stare at
51. Canada's national police
52. The heavens
54. 16-oz. units
55. Morsel for a horse
56. Quilt-making gathering

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			8			9		
7		9		5			6	
6			7			1		
		8		3	7			2
	4						9	
1			9	6		3		
		2			8			9
	7			9		5		4
		1			2			

Yesterday's Sudoku

Sharability

easy hard

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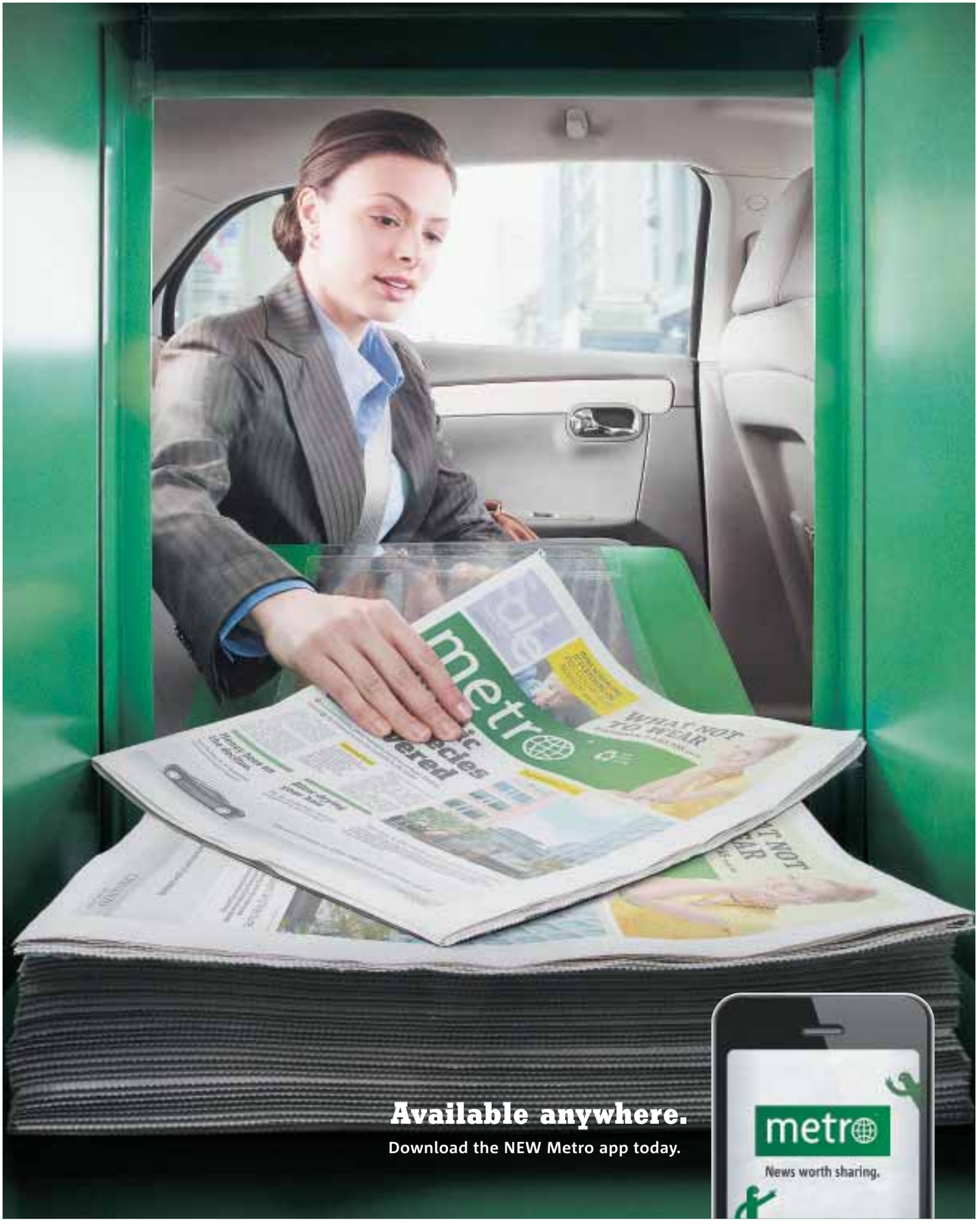

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